

**Championship** East Midlands Senior powerlifting champs **Venue** Letchworth **Date** 13-12-15 **B/W Class/s**

Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN
	<b>Women</b>	<b>47Kg</b>												
		<b>52Kg</b>												
M2	Jenny Hunter	52	70	80	<u>85</u>	70	75	<u>80</u>	165	120	130	<u>135</u>	300	1
U18	Bethany Wylie	47.3	65	75	<u>85</u>	25	<u>30</u>	<b>37.5</b>	115	85	95	<u>105</u>	220	2
Snr	Sal Williams	48.1	40	<u>47.5</u>	<b>55</b>	27.5	30	<u>32.5</u>	80	65	<b>72.5</b>	<u>80</u>	160	3
		<b>57Kg</b>												
		<b>63Kg</b>												
Snr	Karrie Childs	61.8	95	100	<u>105</u>	45	47.5	<u>50</u>	155	115	125	<u>130</u>	285	1
<b>290</b>	Suzanne Goulder	60.5	85	<u>90</u>	<b>97.5</b>	<b>50</b>	<u>52.5</u>	<b>57.5</b>	142.5	110	115	<u>120</u>	262.5	2
M1	Paula Gentle	61.4	75	<u>80</u>	<b>85</b>	45	<u>50</u>	<b>52.5</b>	120	120	122.5	<u>125</u>	255	3
		<b>72Kg</b>												
Snr	Nina Cambatta	67.8	112.5	120	<u>125</u>	60	65	<u>70</u>	195	150	160	<u>170</u>	365	1
<b>334</b>	Anastasia Zinchenko	69.5	<b>110</b>	110	<u>117.5</u>	67.5	72.5	<u>75</u>	192.5	132.5	<u>142.5</u>	<b>145</b>	335	2
M1	Wendy Williams	68.1	90	100	<u>110</u>	45	50	<u>52.5</u>	162.5	130	140	<u>147.5</u>	310	3
M1	Rowan Smith	70.9	75	80	<u>85</u>	50	<u>55</u>	<b>57.5</b>	140	95	102.5	<u>110</u>	250	4
		<b>84Kg</b>												
Snr	Annelise Barnes	80.1	<b>100</b>	100	<u>110</u>	70	<u>75</u>	<b>80</b>	185	120	130	<u>140</u>	325	1
Snr	Laura Mitchell	78.9	85	90	<u>95</u>	40	<u>45</u>	<b>50</b>	140	105	110	<u>115</u>	255	2
		<b>84+Kg</b>												
Snr	Camille Holland	113.2	150	170	<u>190</u>	80	90	<u>100</u>	290	150	<u>170</u>	<b>200</b>	460	1

**Side Referee\_** Jackie Blasbery

**Centre Referee\_** John Bevan

**Side Referee\_** Chris Gladding

dr = Divisional Record

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Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN
	<b>Men</b>	<b>66Kg</b>												
M2	Sean Rowlands	63.9	170	185	<u>195</u>	85	<b>92.5</b>	<u>95</u>	290	177.5	190	<u>200</u>	490	1
Snr	Sean Maloney	65.6	135	145	<u>150</u>	92.5	<u>97.5</u>	<b>102.5</b>	247.5	175	<u>185</u>	<b>195</b>	432.5	2
		<b>74Kg</b>												
M2	Steve Walker	72.7	<b>200</b>	200	<u>210</u>	145	155	<u>160</u>	370	215	230	<u>240</u>	610	1
<b>401</b>	Ali Ghareeb	73.3	180	<b>190</b>	<u>190</u>	115	<u>120</u>	<b>122.5</b>	310	225	235	<u>245</u>	555	2
Snr	Nathan Sugden	72.4	170	<u>177.5</u>	<b>185</b>	<b>115</b>	<u>120</u>	<b>125</b>	297.5	215	<u>230</u>	<b>240</b>	527.5	3
Snr	Stephen Snowling	73.4	<b>115</b>	115	<u>130</u>	<u>85</u>	<b>97.5</b>	<b>100</b>	215	<u>155</u>	<b>170</b>	<b>170</b>	370	4
		<b>83Kg</b>												
M2	Doug D’Gama	82.3	200	<b>210</b>	<u>210</u>	140	<u>147.5</u>	<b>152.5</b>	357.5	220	240	<u>250</u>	607.5	1
Snr	Lee Betteridge	82	180	200	<u>205</u>	135	140	<u>142.5</u>	347.5	235	<u>252.5</u>	<b>257.5</b>	600	2
Snr	Tom Rowell	82.4	200	<u>210</u>	<b>215</b>	110	117.5	<u>120</u>	330	240	255	<u>260</u>	590	3
U21	Callum Goddard	81.3	190	<u>205</u>	<b>215</b>	135	142.5	<u>147.5</u>	352.5	200	215	<u>230</u>	582.5	4
<b>377</b>	Matthew Price	82.8	180	<u>187.5</u>	<b>192.5</b>	120	<b>127.5</b>	<u>127.5</u>	315	<u>250</u>	<b>260</b>	<b>260</b>	565	5
<b>363</b>	James Zhao	81.7	180	<u>190</u>	<b>195</b>	97.5	105	<u>110</u>	300	215	230	<u>240</u>	540	6
Snr	Ricardo Lucas	77.5	185	195	<u>200</u>	105	115	<u>120</u>	320	180	<u>200</u>	<b>210</b>	520	7
M1	Ali Wilson	81.9	130	140	<u>145</u>	110	115	<u>117.5</u>	262.5	<u>190</u>	<b>207.5</b>	<b>207.5</b>	452.5	8

Side Referee\_ Jackie Blasbery

Centre Referee\_ John Bevan

Side Referee\_ Chris Gladding

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**Side Referee\_ Andy Rodney**

**Centre Referee\_ Jackie Blasbery**

**Side Referee \_Sarah Marsden**